

00:24:17 JoyGrace ANKB Harmony: Earthstock Festival & Regen Summit

Palisades  Fundraiser
Oct 2-5th, Santa Monica Ca

Vendor registration is open until the end of August .
<https://www.earthstockfestival.com/vendors.html>

www.earthstockfestival.com

Promo Video
https://youtu.be/X_kLitZ-nEU

If you apply for a Vendor booth or Sponsor, please include my promo code JGH

This will give you certain perks and discounts for tickets

424-200-0017 TEXT JoyGrace Harmony

<https://facebook.com/events/s/earthstock-summit-and-festival/1851845042259808/?mibextid=wwXlfr>

00:26:17 Chris Mentzel: <https://www.marsvenus.com/understanding-men>

00:29:28 janis: which book?

00:30:05 Chris Mentzel: Be Happy - with or without a man
...soon to be published

00:30:16 janis: Reacted to "Be Happy - with or w..." with 

00:30:47 Darrell Stern: Replying to "which book?"

[https://www.amazon.com/s?](https://www.amazon.com/s?k=John+Gray&i=audible&ref=dp_byline_sr_audible_1)

[k=John+Gray&i=audible&ref=dp_byline_sr_audible_1](https://www.amazon.com/s?k=John+Gray&i=audible&ref=dp_byline_sr_audible_1)

00:30:57 Peter Swain: George Bernard Shaw said it was more accurate to think of people as Canine and Feline

00:31:21 Wisdom Sabrina: I successfully trained my partner.

00:31:22 Darrell Stern: Replying to "George Bernard Shaw ..."

Or aries vs leo

00:31:45 Yasmin Martinez: Replying to "which book?"

Men are from Mars, Women are from Venus...also by John Gray

00:32:06 Darrell Stern: Happy wife great life

00:32:35 Darrell Stern: Replying to "Happy wife great lif..."

Marry me and Ill show you

00:32:49 janis: Reacted to "Marry me and Ill sho..." with 😏

00:32:53 janis: Replying to "I successfully train..."

how?

00:33:18 Yasmin Martinez: Reacted to "Marry me and Ill sho..." with 😏

00:33:39 Yuji Shimada Japan: Reacted to "Marry me and Ill sho..." with 😏

00:34:47 Darrell Stern: That was sarcasm ladies

00:34:53 Jonathan Lee: Reacted to "That was sarcasm lad..." with 😏

00:34:55 janis: 😏

00:35:09 Dame Doria (DC) Cordova/www.MoneyandYou.com: Use the Chat as a Money & You network table - Be sure to list where you are - your Web page - how to connect with you. If you can be on camera so that you connect with John. This is an awesome master - so it's good for him to be able to see you :-)

00:35:20 Darrell Stern: I am sending you some videos to watch and a link to schedule with me.

Where do you want to take your business next

I took a local auto mechanic from 50K a month to 600K just usings 2 ingredients. No ads no funnels.

Learn why one of his videos made him \$7M in customers!

<https://streamyard.com/2zdgy35ht36n>

Learn my marketing philosophy

<https://vimeo.com/462182789>

• You will LOVE this talk on Marketing!
I PROMISE!

See the praise for Stern Marketing

<https://www.stern.marketing/praise/>

Schedule

<http://bit.ly/SternHour>

Schedule with me soon!

Darrell Stern

7203015525

00:37:12 Darrell Stern: In business that is called unsolicited

00:38:47 Yasmin Martinez: Reacted to "Be Happy - with or w..."
with ❤️

00:39:10 Dame Doria (DC) Cordova/www.MoneyandYou.com:

A new business model is emerging for Money & You North America thus, the Next www.MoneyandYou.com will be held Feb. 4 - 7 in San Diego. We have a wonderful new page to send anyone you'd like to see in the program and they need to have a Discovery Call to get more information: <https://event.moneyandyou.com/register> - thank YOU for your support!
With love -

00:43:06 Darrell Stern: I love mansplaining LOL

00:44:34 Susan Meredith: Shradha if that question is for me: We delivered a program this morning that was coordinated out of Uganda and included participants in Kenya and maybe more areas, I'm not sure. It's our webinar series that includes the mobile multi-scenario financial game. www.mentamorph.com

00:45:41 Darrell Stern: YUP

00:46:10 JAACY Y WEE | MONEY & YOU MALAYSIA: Learn how to ask in a way that motivates a man

00:46:25 Jonathon Chua: Reacted to "Learn how to ask in ..."
with ❤️

00:46:25 janis: If men nvr answer?

00:46:48 Darrell Stern: Oh we answer if you let us get a word in LOL

00:47:55 Shradha: @Susan Meredith yep - how exciting! I'm originally from Kenya, now based in Australia and recently engaged in my first M&Y on the Gold coast and it inspired me to take this to Africa, however, I know that it would be a completely different approach so it's exciting to know that you already have something set up! are you on linked in - let's connect :)

Shradha Haria | LinkedIn

00:48:22 Darrell Stern: Replying to "@Susan Meredith yep ..."

I connected with you

00:49:40 Shradha: @Susan Meredith I'm looking at visiting Kenya in January - so if you have anything on then please let me know :)

00:49:53 JoyGrace ANKB Harmony: Earthstock Festival & Regen Summit

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<https://facebook.com/events/s/earthstock-summit-and-festival/1851845042259808/?mibextid=wwXIfr>

Let's Connect here:

<https://www.linkedin.com/in/joygraceharmony>

00:50:22 KARTINI ARIFFIN: 

00:50:42 Chris Mentzel: Come to Business School Nov 8 - 15 in Phuket, Thailand: <https://www.globalexcelleratedbusinessschool.com/>

00:50:55 Shradha: Reacted to "I connected with you" with 

00:51:06 Bonnie Kanner: @John Gray do you believe that Jesus is returning in the flesh ?

@John Gray According to the Bible we are not supposed to have sex without marriage? What are your thoughts?

00:52:16 Bonnie Kanner: How is someone supposed to find a man that doesn't expect sex ? Men these days expect sex before marriage.@John Gray

00:53:52 Peter Swain: I was taught a crazy good acronym.
HEAT

Hear ... just listen


Engage ... active questions


Action ... suggest solutions

Take ... take control

You use it by asking women "where do you need me right now"

00:54:09 Shradha: I've gotta go - thank you - will watch the rest of the recording :)

00:54:39 Yuji Shimada Japan: Reacted to "I was taught a crazy..." with 

00:55:30 Bonnie Kanner: Reacted to "Earthstock Festival ..." with 

00:57:32 Jonathon Chua: Great insights

00:57:48 Darrell Stern: wonderful

00:57:52 Jonathan Lee: yesss
00:57:55 Jonathon Chua: Wisdom
00:57:58 Shirini M: Very insightful
00:58:10 Carole: This is incredible!! Thank you John!!
00:58:15 Wisdom Sabrina: Too good.
00:58:23 Yuji Shimada Japan: So cool!
00:58:46 TH_Canalıs Suvarıabhumı Airport Hotel_Thanomsrı:
Understand my husband&son more
00:59:11 TH_Canalıs Suvarıabhumı Airport Hotel_Thanomsrı:

Thank you so much John 🙏🙏🙏

01:02:39 Darrell Stern: No you are charging the male rage
battery
01:02:41 Darrell Stern: SHH
01:02:42 Darrell Stern: LOL
01:03:32 Al Chan: Singaporean man made history having baby
01:03:52 Darrell Stern: Where did it come out?
01:05:08 JAACYWEE | MONEY & YOU MALAYSIA: Do
whatever it takes to come back to love
01:05:18 Al Chan: Replying to "Where did it come ou..."

IVF

01:06:33 Darrell Stern: Replying to "Where did it come ou..."

Well that how go got pregnant at the end WHERE did the baby
come OUT c section?

01:07:37 Darrell Stern: Replying to "Where did it come ou..."

The first married man to give birth was achieved by Thomas
Beatie (USA) in Bend, Oregon, USA, on 29 June 2008. Thomas
underwent gender confirmation surgery in 2002, but had kept his
reproductive organs intact as he knew he wanted to have
children.


01:09:39 Darrell Stern: I am just like God the only difference is
He is perfect and I bleep up all the time LOL

01:09:49 Yuji Shimada Japan: Thank you very much John.
Very interesting talking!!
But have to leave now.

See you all of you.

Thank you

Yuji Shimada, JAPAN

01:09:56 Yasmin Martinez: Thank you for this space Doria, I appreciate you. Goodnight 

01:11:59 Susan Meredith: Replying to "@Susan Meredith yep ..."

Glad to connect on LI [linkedin.com/in/susan-meredith](https://www.linkedin.com/in/susan-meredith)

01:13:11 Susan Meredith: Replying to "@Susan Meredith yep ..."

MentaMorph is so complementary to Money and You and very different. Definitely pursue bringing \$&U to Africa!

01:13:11 Chris Mentzel: A gift to support you in building your Economic Engine is available at <https://moneyandyou.com> - Excelerated Business Success Model - how to create, build and grow a socially-responsible organization.

01:17:38 Sue: Blown away

01:18:12 Chris Mentzel: Hunt, Gather, Parent: What Ancient Cultures Can Teach Us About the Lost Art of Raising Happy, Helpful Little Humans

01:18:30 Jackie Ambrow, Positively-HUB.com: With all due respect:

Gender differences are on a gradient scale with a great deal of overlap between males and females. Neurologically and hormonally speaking, there is a lot of overlap between the sexes.

Masculinity and femininity are culturally defined, not just artifacts of biology. The existence of matrilineal and matriarchal societies throughout human history attest to this.

The sexes are not just binary. They include intersex individuals who are neither all male nor all female, and intersex individuals comprise an estimated as from about 0.018% (for the strictest medical definitions) up to 1.7% (with broader, more inclusive

criteria).

Intersex individuals can appear male and be able to get pregnant and bear children.

01:18:40 janis: Reacted to "Hunt, Gather, Parent..." with ❤️

01:18:57 Chris Mentzel: Replying to "Hunt, Gather, Parent..."

<https://www.amazon.com/dp/B08CQBB11F>

01:19:01 Darrell Stern: Masculinity and femininity are culturally defined, and also hormonal and natural

01:19:04 janis: Reacted to "<https://www.amazon.c...>" with ❤️

01:20:17 Jackie Ambrow, Positively-HUB.com: For an alternative view of subconscious relationship behavior, please see Dr. John G. Kappas' 30 years of research with 25,000 clients, summarized by him in his book for lay people:

[https://www.amazon.com/Successful-Relationships-More-Than-Guessing/dp/0937671517/ref=sr_1_1?](https://www.amazon.com/Successful-Relationships-More-Than-Guessing/dp/0937671517/ref=sr_1_1?crid=MZA4QMTXKMVN&dib=eyJ2IjojMSJ9.JLEZHPqQtSz7GuytpzRFJT2xQO5prqDZ4h3o2qXXCh1hRE_VQ4txi_2jNafT_5YOAKCsBK4x_trUEAwFnOmOZRj9JiT7wwqZShd4E_p3T6LT6GrzzVbSo68flZgLH2RhMMN2NYsqoKO6qqSQyxQBdsiscouEGgVgQfUWaiLhpwHFWvCnK16ezXW6JYxXjGfLuAmSS5FHUKY64FMpsatzWTqE2q2I7-MWS6Cguv4uXRE.txgGhLOP-uNmVW3L-ENCjPpeV8F95iyp0lCCXSfmMls&dib_tag=se&keywords=e%26p+kappas&qid=1756516007&s=books&sprefix=e%26p+kappas%2Cstripbooks%2C163&sr=1-1-catcorr)

[crid=MZA4QMTXKMVN&dib=eyJ2IjojMSJ9.JLEZHPqQtSz7GuytpzRFJT2xQO5prqDZ4h3o2qXXCh1hRE_VQ4txi_2jNafT_5YOAKCsBK4x_trUEAwFnOmOZRj9JiT7wwqZShd4E_p3T6LT6GrzzVbSo68flZgLH2RhMMN2NYsqoKO6qqSQyxQBdsiscouEGgVgQfUWaiLhpwHFWvCnK16ezXW6JYxXjGfLuAmSS5FHUKY64FMpsatzWTqE2q2I7-MWS6Cguv4uXRE.txgGhLOP-uNmVW3L-ENCjPpeV8F95iyp0lCCXSfmMls&dib_tag=se&keywords=e%26p+kappas&qid=1756516007&s=books&sprefix=e%26p+kappas%2Cstripbooks%2C163&sr=1-1-catcorr](https://www.amazon.com/Successful-Relationships-More-Than-Guessing/dp/0937671517/ref=sr_1_1?crid=MZA4QMTXKMVN&dib=eyJ2IjojMSJ9.JLEZHPqQtSz7GuytpzRFJT2xQO5prqDZ4h3o2qXXCh1hRE_VQ4txi_2jNafT_5YOAKCsBK4x_trUEAwFnOmOZRj9JiT7wwqZShd4E_p3T6LT6GrzzVbSo68flZgLH2RhMMN2NYsqoKO6qqSQyxQBdsiscouEGgVgQfUWaiLhpwHFWvCnK16ezXW6JYxXjGfLuAmSS5FHUKY64FMpsatzWTqE2q2I7-MWS6Cguv4uXRE.txgGhLOP-uNmVW3L-ENCjPpeV8F95iyp0lCCXSfmMls&dib_tag=se&keywords=e%26p+kappas&qid=1756516007&s=books&sprefix=e%26p+kappas%2Cstripbooks%2C163&sr=1-1-catcorr)

01:20:32 Jonathon Chua: Reacted to "Hunt, Gather, Parent..." with ❤️

01:20:34 janis: Replying to "Hunt, Gather, Parent..."

appreciate Chris

01:20:39 Jonathon Chua: Reacted to "[https://](https://www.amazon.c...)

www.amazon.c..." with ❤️

01:21:23 Jess: I think the world today is getting more sinful, where human prioritize money and wealth over everything else.

Hence, love is not in the list

01:21:30 Jackie Ambrow, Positively-HUB.com: New evidence has been coming forth from the archeological record that women often hunted alongside and sometimes in place of men. The old hunter-gatherer division of labor is not at all as clear as earlier anthropologists believed.

01:21:52 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: I have several good men in my life. I have also had men in my life that are narcissistic and they don't care about making a woman happy, at all. When those who are sociopathic are trying to control someone who's not a sociopath, the best course is to remove those sociopaths from one's life.

01:22:36 Jackie Ambrow, Positively-HUB.com: Reacted to "I have several good ..." with 👍

01:24:48 Chris Mentzel: The next event at FridayswithDoria.com is Ho'oponopono on September 5

01:25:02 Jackie Ambrow, Positively-HUB.com: I can't wait for Ho'oponopono!!!!

01:25:21 Darrell Stern: Controlling men had a controlling mother

01:25:54 Chris Mentzel: Access to Cash book: <http://accesstocashbook.com/>

01:26:27 Jackie Ambrow, Positively-HUB.com: Controlling people had controlling parents. Doesn't matter what their sex or gender was. Control is about defending against fear and exerting power to try to make things more predictable.

01:27:10 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Reacted to "Controlling people h..." with 🙌

01:28:51 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Aloha, Rev. @rayblanchard great to see you

01:29:22 Darrell Stern: Do connect

01:29:24 Darrell Stern: <https://www.linkedin.com/in/darrellstern/>

01:31:04 Jonathon Chua: Reacted to "The next event at Fr..." with ❤️

01:33:04 Chris Mentzel: Do you love LIGHT HEALING? Do you love HEALTH?

<https://LifeWave.com/ChrisMentzel>

I highly recommend the Nanotechnology - Stem Cells - Light-based Patches for Health, Vitality and Youthfulness - I have been using since the beginning of the Covid Pandemic to keep my immune system strong

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction..

01:36:34 Jackie Ambrow, Positively-HUB.com: You're invited!

If you're interested in giving feedback on our new book, please be a "beta" reader!

Contact me at jackie@positively-hub.com

THE MENTAL FREEDOM TOOLKIT

A Complete Guide to Breaking Free from Fear-Based Manipulation

(A Comprehensive Guide for Mental Freedom Practitioners)

Transform from Survival Mode to Conscious Choice

01:36:39 Darrell Stern: Please ask a QUESTION if you raise your hand thanks

01:40:44 rayblanchard: Beautiful recommendation to Janis,

John. 

01:42:57 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Men need to feel empowered from within themselves, as women do. There's various approaches that work for supporting people to access their inner love, freedom and power across the gender and biological sex spectrums. While we're each individually free to choose whether and how we access our inner love, freedom, and power, we are also able to be a stand and support for others to access theirs.

01:43:42 Jackie Ambrow, Positively-HUB.com: Reacted to

"Men need to feel emp..." with ❤️

01:43:50 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: About pain and soul, I've experienced this, too.

01:44:32 Peter Swain: Good night DC. Love you.

01:44:35 Peter Swain: Good to see you all

01:45:04 Chris Mentzel: Replying to "Good to see you all"

Good to see you, Pete

01:45:13 Peter Swain: Reacted to "Good to see you, Pet..." with ❤️

01:45:51 Malia: Have to go. Loving BlesSings to All! Thank You! Aloha! ✨💖🙏💖✨

01:46:42 Shirini M: The point of forgiveness is peace.- John.

01:48:42 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: I am glad that we're seeing ourselves more clearly

01:51:22 rayblanchard: Gotta go to a dinner. Thank you for such a wonderful conversation, John and Doria. ❤️

01:51:40 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Reacted to

"Gotta go to a dinne..." with ❤️

01:51:56 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Replying to "Gotta go to a dinne..."

Have a beautiful excursion and dinner

01:52:00 Jackie Ambrow, Positively-HUB.com: That came through you, John.

We are spiritual beings having a human experience (Teilhard de Chardin)

God is expressing through us, as us, at the point of us. (New Thought/Unity)

01:52:26 rayblanchard: John, beautiful! Beautiful sharing about destiny and free will. The Divine realizing itself through us. The wave within the wave....

01:52:37 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: @Susan Meredith You have quite the doggie there

01:52:37 Jonathon Chua: Reacted to "Men need to feel

emp..." with ❤️

01:52:57 Jonathon Chua: Reacted to "John, beautiful! Bea..." with ❤️

01:53:03 Chris Mentzel: Best explanation of the purpose of ego as seen from the Divine!

01:53:13 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Reacted to "Best explanation of ..." with ✨

01:56:56 Carol Dysart: John you are such a master with this...THANK YOU!

01:57:02 Chris Mentzel: <https://www.marsvenus.com/understanding-men>

01:58:39 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Men who complain all the time, what do you suggest about that, @John Gray?

01:59:44 Chris Mentzel: <https://www.marsvenus.com/understanding-men>

02:00:05 Susan Meredith: I have a request: Can you respond to this one question survey <http://bit.ly/ecogamesurvey> and please share? I'm working with a group to gamify sustainability with EcoCampaigns to move people up the engagement curve with rewards and recognition. We want the social proof of interest to share with EcoProviders and EcoSponsors. Include your contact info if you choose.

I also welcome you to join susanmer.substack.com

02:01:00 Chris Mentzel: <https://MoneyandYou.com> will be back LIVE to San Diego Feb 4-7, 2026. We have a wonderful new page to send anyone you'd like to see in the program and they need to have a Discovery Call to get more information: <https://event.moneyandyou.com/register>

02:02:37 JAACY Y WEE | MONEY & YOU MALAYSIA: Money & You LIVE in Malaysia

Oct 9 - 12, 2025 (Thu - Sun)

Conducted in English with Thai and Japanese Translation

M&Y Grads Registration (Free Review / Receiving) - <https://tinyurl.com/MNY2025-GRADREG>

Curious to know more about Money & You - Contact Jaacyy
+60177288649 for 1-1 Clarity Call / visit www.Moneyandyou.com

02:03:35 Felicia Soon: Reacted to "Money & You LIVE in ..."

with 👍

02:04:36 Chris Mentzel: You can now train AI to give answers like they come from you. Use it for offering consulting and advice or customer support. Find out more at: <http://cloner.info/> and get a free hour where I tell you how to apply AI in your life of business.

02:05:10 Jackie Ambrow, Positively-HUB.com: Reacted to

"Money & You LIVE in ..." with 🔥

02:05:26 JAACY Y WEE | MONEY & YOU MALAYSIA: Come be with Ken Honda (Japan's Zen Millionaire who's a M&Y Graduate) on "Happy Money Compass Summit"

Sept 4 (Thu) @ 7:30 PM - 9:30 PM (Malaysia)

Free Admission - <https://main.whcreation.com/p/HEhrgbBDFNjN>

02:05:29 Jackie Ambrow, Positively-HUB.com: Reacted to

"<https://MoneyandYou.com>..." with ❤️

02:05:34 Jackie Ambrow, Positively-HUB.com: Reacted to "I

have a request: C..." with 👍

02:06:00 Felicia Soon: Reacted to "Come be with Ken Hon..."

with 👍

02:06:06 JAACY Y WEE | MONEY & YOU MALAYSIA: Wow!
Love it!

02:06:56 JAACY Y WEE | MONEY & YOU MALAYSIA: Can't wait to get my hands on this book!

02:07:05 Felicia Soon: Wow! Nice book about money

02:07:11 Jonathon Chua: Replying to "Can't wait to get my..."

Yes, agree

02:07:23 JAACY Y WEE | MONEY & YOU MALAYSIA: Incredible legacy...

02:07:55 Jackie Ambrow, Positively-HUB.com: Really looking forward to getting a copy!

I borrowed the idea of a reflection at the end of each chapter for our book. Thank you, Doria!

02:14:07 Jonathon Chua: Don was my M&Y trainer too

02:14:30 Wisdom Sabrina: Mine too 😭😭😭

02:15:00 Jonathon Chua: Replying to "Don was my M&Y train..."

1995 Malaysia KL

02:15:13 Chris Mentzel: Get your AI clone at cloner.info

02:16:54 janis: thank you John ❤️❤️

02:17:11 JAACY Y WEE | MONEY & YOU MALAYSIA: Massive value! Thank you Doria!

02:17:41 JAACY Y WEE | MONEY & YOU MALAYSIA: For all the heart, and purpose in keeping this legacy alive

02:17:44 Lenise Rose Whitfield: Awesome!!! Book 💜

02:18:17 Jonathon Chua: Reacted to "Awesome!!! Book 💜" with ❤️

02:18:20 Jonathon Chua: Reacted to "For all the heart, a..." with ❤️

02:18:23 Jackie Ambrow, Positively-HUB.com: Reacted to "For all the heart, a..." with ❤️

02:18:27 Phyl: where will this recording be available to view?

02:18:28 Jackie Ambrow, Positively-HUB.com: Reacted to "Massive value! Thank..." with ❤️

02:18:38 Jackie Ambrow, Positively-HUB.com: Reacted to "Get your AI clone at..." with 👍

02:18:41 JAACY Y WEE | MONEY & YOU MALAYSIA: Replying to "where will this reco..."

You'll receive the REPLAY link in your email

02:18:53 JAACY Y WEE | MONEY & YOU MALAYSIA: Replying to "where will this reco..."

you can access the previous sessions since we began

02:18:58 Phyl: mahalo

02:19:13 Jonathon Chua: Reacted to "you can access the p..." with ❤️

02:19:20 TH_Canalıs Suvarıabhumı Airport Hotel_Thanomsrı: Can't waiting to read it

02:19:29 Jonathon Chua: Reacted to "Can't waiting to rea..." with 👍

02:19:34 Chris Mentzel: Replying to "where will this reco..."

Replay will be available by Tuesday the latest.

02:19:37 Jackie Ambrow, Posıvely-HUB.com: Replying to "where will this reco..."

For Fridays with Doria replays, go sign in at <https://FridayswithDoria.com>

02:19:52 Jackie Ambrow, Posıvely-HUB.com: Reacted to "Can't waiting to rea..." with 👍

02:19:58 Jackie Ambrow, Posıvely-HUB.com: Reacted to "mahalo" with ❤️

02:23:32 Susan Meredith: I have a request: Can you respond to this one question survey <http://bit.ly/ecogamesurvey> and please share? I'm working with a group to gamify sustainability with EcoCampaigns to move people up the engagement curve with rewards and recognition. We want the social proof of interest to share with EcoProviders and EcoSponsors. Include your contact info if you choose.

02:24:45 Lanai Cecile: Reacted to "I have a request: C..." with 👍

02:25:37 Jackie Ambrow, Posıvely-HUB.com: Reacted to "I have a request: C..." with 👍

02:27:55 Susan Meredith: I also welcome you to join susanmer.substack.com which is about Generalized Principles!

02:29:47 Jackie Ambrow, Positively-HUB.com: Culture and biology affect each other.

02:30:39 Peter Gunn: Reacted to "The next event at Fr..." with



02:30:53 Peter Gunn: Reacted to "I can't wait for Ho'..." with



02:35:35 Jackie Ambrow, Positively-HUB.com: If you want to learn more about hormones, a great book is:

Fine-Tune Your Hormone Symphony: A Patient's Guide to Understanding Hormones and Making Beautiful Music Again by Angeli Maun Akey, MD, FACP, ABARM.

Dr. Akey is an integrative/functional medicine physician who was educated at Yale Medical School. It's written for lay people.

02:38:58 JAACY Y WEE | MONEY & YOU MALAYSIA: that's fascinating - on brain plasticity

02:41:20 Chris Mentzel: Here's "Understanding Men" again: <https://www.marsvenus.com/understanding-men>

02:44:45 Carol Dysart: Hi everyone from Carol Dysart —your Money & You “DISC Master” - letting you know if if you want to master Leadership skills and create profound relationships, request more information on our upgraded DISC Certification program, where you will master People Literacy skills for stronger sales, teams, and the leadership making it so easy to relate to all DISC styles, plus it's applications, can generate a new profit center for you while improving all your people-smart skills! To learn how this can benefit you, please email me now to join the early access list at Carol@PeopleSmart.solutions.

02:44:56 JAACY Y WEE | MONEY & YOU MALAYSIA: Was there a HeartSpace App you wanted to share about?

02:46:00 JAACY Y WEE | MONEY & YOU MALAYSIA: I love beets!

I'm going to get more of it

02:47:00 Jackie Ambrow, Positively-HUB.com: Thank you, Doria, John, Chris and everyone here!

Thank you for the stimulating conversation. It's good to hear other points of view, see where there are areas of agreement and understand where there are areas of divergence.

02:48:23 Shirini M: Much gratitude to Dame Doria and John! So much insights just like the zoom call during COVID back then with him. Love you both.

02:48:53 JAACY Y WEE | MONEY & YOU MALAYSIA: Do come be with us and Ken Honda for the Happy Money Compass Summit

Sept 4 (Thu)

@ 7:30 PM - 9:30 PM (Malaysia)

@ 4:30 AM - 6:30 AM (California, USA)

Free Admission - <https://main.whcreation.com/p/HEhrgbBDFNjN>

Need assistance? Contact Jaacyy +60177288649

02:49:21 Susan Meredith: Besides the biology, there is a whole dynamic of Exchange. That's the laws of nature part. If there is an imbalance, specifically a perceived imbalance, then there will be dissatisfaction. What are you willing to give to get, and what must you get to be willing to give. Women and sugar daddies - there is some exchange that they agree works. Or trophy wives. That's their choice. Women may not feel like there is exchange if they make more money than the man, and still are expected to contribute the majority in household realm. But if it works for the two, it's all ok. I would love to have heard what your perspective is on that, but I know it's so late. Thanks for your work and for sharing your time today!

02:49:34 Felicia Soon: Thank you Dame Doria and John Gray for sharing your wisdom

02:50:02 JAACY Y WEE | MONEY & YOU MALAYSIA: This November for Business School

02:50:47 Susan Meredith: Have to walk Poe. Thank you!!!

02:50:52 wendyy Tan iPhone: Get Kerry to bring some during the OCT Money and You

02:50:57 TH_Canalís Suvarnabhumi Airport Hotel_Thanomsri:

Reacted to "Can't waiting to rea..." with 👍

02:51:37 JAACYWEE | MONEY & YOU MALAYSIA: Reacted to "Get Kerry to bring s..." with ★

02:51:51 Rafael Guerra: Thank you Dame Doria and John Gray for this wonderful session I enjoyed watching with my wife too! 😊

02:52:00 Jackie Ambrow, Positively-HUB.com: Replying to "Besides the biology,..."

That is a great question to explore. Relationships are all about agreements. Some I'd consider dysfunctional, and others healthy. The way I look at it is to apply Virginia Satir's Five Freedoms to see where the line is.

02:54:59 Jackie Ambrow, Positively-HUB.com: As we age, we lose the ability to absorb nutrients, including protein, so we actually need more protein.

We also need good fats because cholesterol and other good fats are the building blocks of all hormones in the body.

Sugar and foods that turn to sugar cause inflammation, and that's what causes plaque in arteries and inflammation in the gut and joints, etc. and autoimmune issues.

02:56:18 Jackie Ambrow, Positively-HUB.com: Love collagen peptide protein powder

02:56:36 Jackie Ambrow, Positively-HUB.com: Leucine

02:58:14 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA: Can't marry an AI or have sex with one

02:58:30 Jackie Ambrow, Positively-HUB.com: Give the AI the prompt that it is acting as an expert functional/integrative physician with 30+ years of experience. Then ask.

02:59:29 Jackie Ambrow, Positively-HUB.com: Remember that each AI platform is owned and developed by a corporate entity that has its own agenda, principally to make a profit.

03:05:28 Jackie Ambrow, Positively-HUB.com: There's a physician, Dr. Anna Cabeca, who recently gave the keynote

speech at Harvard University's conference on menopause. She co-taught a class with Dr. Akey, whom I mentioned here before. Dr. Cabeca has a couple of products for women's hormonal balance, Balance (with pregnenolone & tri-peptides) and Juvua (which can be used internally for women). Furthermore, recent evidence says that if you are in the period of 10 years or less since entering menopause, you could be a good candidate for a much more modern hormone replacement therapy (if you don't have a personal or family history of breast cancer). Reversing aging due to menopause is real.

Visit Dr. Cabeca at: <https://dranna.com>

03:05:44 JAACY WEE | MONEY & YOU MALAYSIA: Awesome!

Looking forward to the HeartSpace App

03:06:06 Jackie Ambrow, Positively-HUB.com: The trouble is most physicians are not being trained or updated on hormone health.

03:07:05 Jackie Ambrow, Positively-HUB.com: Conditioning is a real thing! We can condition our minds, bodies and spirits too, not just receive conditioning from outside influences

03:08:04 KARTINI ARIFFIN: Thank you for this season ,

beautiful sharing, i enjoyed the conversation very much 

03:09:37 Chris Mentzel: DISC Profile system. Our Business School Instructor, Carol Dysart, has this wonderful gift for you: <https://globalsparks.com/moneyandyou/freedisc>

03:10:04 Chris Mentzel: <https://www.marsvenus.com/understanding-men>

03:11:29 Chris Mentzel: Business School Nov 8 - 15 in Phuket, Thailand: <https://www.globalexcelleratedbusinessschool.com/>

03:11:49 Chris Mentzel: Hunt, Gather, Parent: What Ancient Cultures Can Teach Us About the Lost Art of Raising Happy, Helpful Little Humans

<https://www.amazon.com/dp/B08CQBB11F>

03:12:20 (SOH-chi-tul) Xóchitl T.S. Ambrow, CFA:Replying to "Hunt, Gather, Parent..."

My mom spoke with me much more like this, like a person who understands.

03:12:46 Carole: I've been taking 5 mg Lithium Orotate for 10 years. It's great

03:12:53 Lenise Rose Whitfield: thank you

03:12:54 Vincent Su: Thank you Dame Doria and John Gray for this wonderful session.

03:12:57 Carole: Thank you John

03:12:59 Jeffrey Teh: thank you